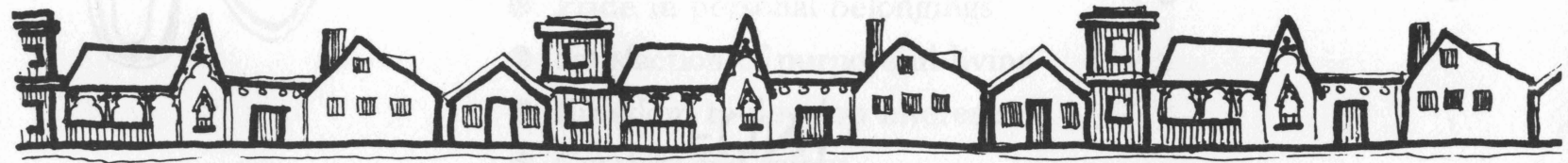


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Seniors Think About. . .

# *LIVABLE SURROUNDINGS*



Texas Agricultural Extension Service • The Texas A&M University System • John E. Hutchison, Director • College Station, Texas

# MAKING SURROUNDINGS MORE LIVABLE IS FUN!



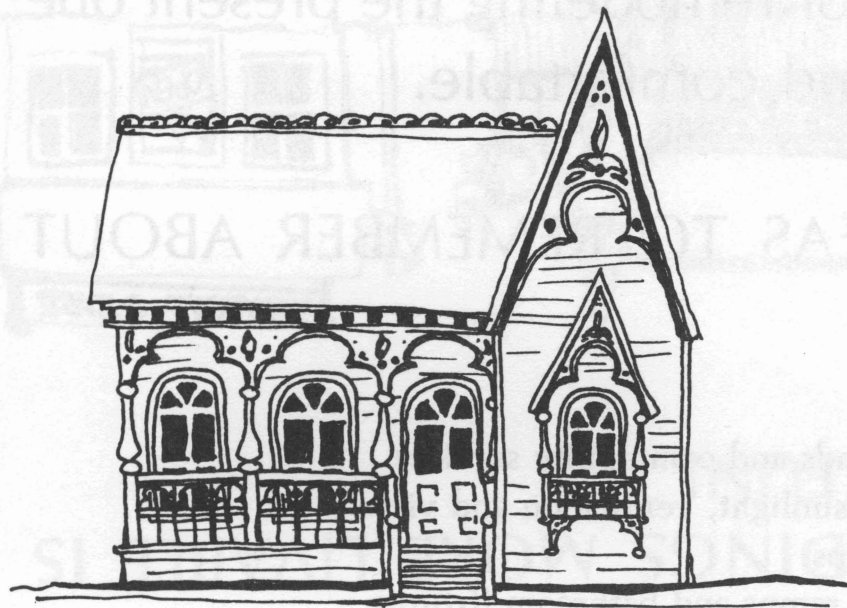
Selecting a new home or remodeling the present one can make living safe and comfortable.

## HERE ARE SOME IDEAS TO REMEMBER ABOUT YOUR HOME. . .

- **Location** convenient to family, friends and community services
- **Orientation** or placement for good sunlight, ventilation and view
- Minimum of **steps** - preferably ramps
- **Hand rails** and grab bars by steps, ramps and bathroom fixtures
- Covered **entry** with large landing
- Wide **doors** with level thresholds
- Smooth, even, non-skid **floors**
- **Space** and **furnishings** for all an individual's activities
- **Surfaces** that are easy to clean and keep
- Automatic **temperature** control
- Adequate **light** throughout the house
- A **means** for **summoning** help throughout the house by telephone or bell
- **Frequently used articles** should not be less than 16 inches or more than 55 inches from the floor
- **Surfaces** pleasing to sight and touch
- **Windows** that are easy to operate and clean

# . . . REWARDS OF PLANNING AND KEEPING LIVABLE SURROUNDINGS. . .

- Sense of accomplishment
- Pride in personal belongings
- Satisfaction of purposeful living
- Freedom to develop interests
- Comfort and safety



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